



## DAILY FEEDING GUIDE RAW FOOD ONLY (GRAMS)

| Breed | Cat's Weight (kg) | Innactive (or needs to lose weight) Grams per day (g) | Normal activity (or maintain current weight) Grams per day (g) | Very active (or needs to gain weight) Grams per day (g) | Kittens & Pregnant or nursing females Grams per day (g) |
|-------|-------------------|-------------------------------------------------------|----------------------------------------------------------------|---------------------------------------------------------|---------------------------------------------------------|
|       | 0.5               | 14                                                    | 16                                                             | 19                                                      | 25                                                      |
|       | 1                 | 27                                                    | 32                                                             | 38                                                      | 50                                                      |
|       | 1.5               | 41                                                    | 48                                                             | 57                                                      | 75                                                      |
|       | 2                 | 54                                                    | 64                                                             | 76                                                      | 100                                                     |
|       | 2.5               | 68                                                    | 80                                                             | 95                                                      | 125                                                     |
|       | 3                 | 81                                                    | 96                                                             | 114                                                     | 150                                                     |
|       | 3.5               | 95                                                    | 112                                                            | 133                                                     | 175                                                     |
|       | 4                 | 108                                                   | 128                                                            | 152                                                     | 200                                                     |
|       | 4.5               | 122                                                   | 144                                                            | 171                                                     | 225                                                     |
|       | 5                 | 135                                                   | 160                                                            | 190                                                     | 250                                                     |
|       | 5.5               | 149                                                   | 176                                                            | 209                                                     | 275                                                     |
|       | 6                 | 162                                                   | 192                                                            | 228                                                     | 300                                                     |
|       | 6.5               | 176                                                   | 208                                                            | 247                                                     | 325                                                     |
|       | 7                 | 189                                                   | 224                                                            | 266                                                     | 350                                                     |
|       | 7.5               | 203                                                   | 240                                                            | 285                                                     | 375                                                     |
|       | 8                 | 216                                                   | 256                                                            | 304                                                     | 400                                                     |

\* These are approximate values. This table can be used as a general guide, together with good sense and experience.

\* Requirements depend on the amount of exercise, age, breed, environmental factors, neutered status and individual variation.

\* We always recommend to start off with the "Normal activity" feeding amounts and to feed twice daily. Your kitty will definitely let you know if it is too much or not enough.



- \* Diets should be tailored to each individual cat's lifestyle and nutritional requirements.
- \* Kittens need 3-4 times the nutrition than for adult maintenance as they are growing rapidly. It is not unusual for kittens to eat upwards of 230g per day! The food intake for kittens should never be restricted. If they're hungry, feed them! They should be allowed to eat as much as they want/need. Since kittens can't eat much in a single meal, they should be fed smaller portions, several times per day.
- \* Pregnant and nursing moms have higher nutritional requirements during gestation and lactation. Depending on the litter size, they can eat amounts similar to what kittens will eat. It is very common for them to eat up to twice what is recommended for adult maintenance.
- \* Please be aware that treats will add to your cat's calorie intake so adjust your feeding amounts to allow for this.